

VSL GARDENING

Gardening Volunteers Needed

Can you spare one or two hours?



The Gardening scheme operates from the beginning of March until the end of October and assists people in Forest Hill, Sydenham and some surrounding areas. Tasks a volunteer might be asked to do include: pruning, weeding, mowing a lawn, trimming a hedge, planting seeds, plants or bulbs.

Service users include elderly people who can't manage their gardens anymore, people with limited mobility or physical disability, or with a mental health difficulty where using their garden space could improve the quality of life.

Each service user receives a visit for approx. one or two hours either one-off or fortnightly.

For further information email the Project Development Worker Bettina on bettina@vslonline.org.uk or call her on 020 8291 1747.

